

**CATEGORIA General**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	315	Llaneza Abello, Mariano	Vet.A Masc.		00:17:53	02:02:57	02:49:30	03:23:08	<b>05:13:21</b>	00:06:57 min/Km
2	237	Pazo, Francisco	Vet.A Masc.	Running Way Trail	00:19:52	02:12:57	03:04:13	03:42:58	<b>05:44:49</b>	00:07:39 min/Km
3	314	Barreiro Pérez, Iván	Senior Masc.	Armenteiraepunto	00:21:21	02:14:47	03:06:34	03:45:29	<b>05:49:01</b>	00:07:45 min/Km
4	243	Reguera Rico, Ruperto	Vet.A Masc.	Toscaf Recta Final Trail	00:22:04	02:16:18	03:09:26	03:49:57	<b>05:59:22</b>	00:07:59 min/Km
5	206	Garcia Lopez, Jose Maria	Senior Masc.	C.C.E.La Foradada	00:22:18	02:18:03	03:11:57	03:51:01	<b>06:05:08</b>	00:08:06 min/Km
6	312	Aza Álvarez, Antonio	Vet.B Masc.	Llena Penaska	00:21:18	02:21:47	03:15:16	03:57:48	<b>06:13:29</b>	00:08:17 min/Km
7	234	Ces Cristobo, Manuel	Senior Masc.	Tribu Trail	00:22:32	02:31:00	03:27:32	04:12:49	<b>06:25:46</b>	00:08:34 min/Km
8	204	Rojas Morales, Manuel	Vet.A Masc.	Atletismo Montaña Atarfe	00:22:08	02:27:58	03:24:47	04:06:50	<b>06:25:47</b>	00:08:34 min/Km
9	236	Jabega Murado, Angel	Vet.A Masc.	Cumbre 14	00:21:15	02:27:52	03:24:43	04:06:45	<b>06:25:49</b>	00:08:34 min/Km
10	286	Menendez Murias, Arturo	Senior Masc.		00:30:08	02:41:31	03:37:12	04:18:51	<b>06:33:45</b>	00:08:45 min/Km
11	218	García Rodríguez, Andres	Senior Masc.	Gr Summer Camp Pravia	00:22:11	02:22:04	03:23:47	04:08:38	<b>06:41:26</b>	00:08:55 min/Km
12	309	Garcia Alonso, Jose Enrique	Senior Masc.	Avientu Solorunners	00:17:56	02:05:08	02:54:33	03:33:12	<b>06:54:08</b>	00:09:12 min/Km
13	289	Revuelta Peña, Natividad	Vet.A Fem.	Nojasemueve	00:22:28	02:35:51	03:36:27	04:21:20	<b>06:54:12</b>	00:09:12 min/Km
14	231	Duque Gonzalez, Fernando	Senior Masc.	Club Liébana	00:22:23	02:33:58	03:38:38	04:27:42	<b>06:59:19</b>	00:09:19 min/Km
15	305	Arechaga Rodríguez, Juan Manuel	Senior Masc.		00:22:15	02:34:15	03:34:09	04:19:46	<b>07:03:55</b>	00:09:25 min/Km
16	279	Rodríguez Corao, Francisco Javier	Vet.A Masc.	A.D. Sin Fronteras	00:22:43	02:36:19	03:42:28	04:31:06	<b>07:11:13</b>	00:09:34 min/Km
17	255	Fernández Schmitz, Miguel	Vet.A Masc.		00:32:55	02:41:22	03:42:23	04:30:22	<b>07:14:12</b>	00:09:38 min/Km
18	291	Garcia Fernandez, Felix Jose	Vet.B Masc.	Corriendo Por Morcin	00:22:39	02:41:41	03:46:50	04:36:51	<b>07:20:55</b>	00:09:47 min/Km
19	306	Cabello López, Eva Maria	Senior Fem.	C.D.E Fisiocastrosport Team	00:22:36	02:43:54	03:50:10	04:40:07	<b>07:21:45</b>	00:09:49 min/Km
20	313	López Castañón, Fran	Senior Masc.	G.M. Fariñentu	00:37:52		04:08:16	04:57:07	<b>07:25:34</b>	00:09:54 min/Km
21	276	Fernández García, Borja	Senior Masc.	G.M.Ensidesa Gijon	00:31:03	02:43:30	03:46:06	04:38:16	<b>07:27:00</b>	00:09:56 min/Km
22	233	Garcia Garcia, David	Senior Masc.		00:28:42	02:35:42	03:44:44	04:40:24	<b>07:28:59</b>	00:09:58 min/Km
23	268	Blanco Pérez, Alvaro	Senior Masc.	Adn Astur		02:46:43	03:55:01	04:47:05	<b>07:29:11</b>	00:09:58 min/Km
24	217	Sierra González, Illán Aramu	Senior Masc.	Asgaya Team		02:49:50	03:58:34	04:50:31	<b>07:33:57</b>	00:10:05 min/Km
25	262	Gomez Rodriguez, Cesar	Senior Masc.	Pub Piorno	00:28:33	02:31:58	03:42:32	04:35:10	<b>07:40:00</b>	00:10:13 min/Km
26	229	Cost Carrasco, José	Vet.A Masc.		00:22:45	02:42:34	03:47:27	04:36:36	<b>07:40:46</b>	00:10:14 min/Km
27	239	Garcia Junco, Marco Antonio	Vet.A Masc.	Raposos Trail Team	00:28:39	02:54:04	04:03:35	04:56:50	<b>07:41:34</b>	00:10:15 min/Km
28	300	Ibarlucea Garcia, Pelayo	Senior Masc.		00:33:07	02:48:14	04:00:19	04:54:50	<b>07:43:23</b>	00:10:17 min/Km
29	202	Fernandez Garcia, Iris	Senior Fem.	G.M. La Patana	00:34:44	02:56:11	04:04:19	04:57:11	<b>07:43:57</b>	00:10:18 min/Km
30	201	Agundo Rueda, Javier	Senior Masc.	G.M. La Patana	00:34:46	02:56:08	04:04:08	04:57:30	<b>07:43:57</b>	00:10:18 min/Km
31	308	Santacreu Ivars, Miguel	Senior Masc.	Renaul Ginestar Benissa	00:28:58	02:43:14	03:58:21	05:00:25	<b>07:53:44</b>	00:10:31 min/Km
32	288	Rancaño Fernández, José Luis	Senior Masc.	D-Ruta	00:33:09	02:53:51	04:03:37	05:01:27	<b>07:55:32</b>	00:10:34 min/Km
33	253	Bustillo Tejedor, Francisco	Vet.A Masc.	Roadrunner Gijon	00:34:21	02:54:23	04:12:08	05:04:04	<b>07:57:33</b>	00:10:36 min/Km
34	232	García Ordóñez, Antonio	Vet.A Masc.		00:33:21	03:03:56	04:11:03	05:03:16	<b>08:02:35</b>	00:10:43 min/Km
35	221	Conmeaux Vega, Diego	Vet.A Masc.	Somos Ecoparque	00:33:04	03:01:08	04:13:49	05:11:52	<b>08:04:06</b>	00:10:45 min/Km

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
36	263	Menéndez Regueiro, Alberto	Senior Masc.	Avientu Solorunners	00:30:06	02:51:09	04:02:09	05:00:08	<b>08:05:52</b>	00:10:47 min/Km
37	267	Rodríguez Santod, Hugo	Senior Masc.	Avientu Solorunners	00:30:03	02:51:57	04:02:17	05:00:15	<b>08:05:52</b>	00:10:47 min/Km
38	209	Alcoceba Rodrigue, Berto Xuan	Senior Masc.	Gm Xuan De La Borrina	00:33:57	02:49:46	04:00:37	04:57:27	<b>08:06:49</b>	00:10:49 min/Km
39	304	Marcos Alvarez, Javier	Vet.A Masc.	Valle De Turon Trail Running	00:33:36	02:56:24	04:11:35	05:10:53	<b>08:07:31</b>	00:10:50 min/Km
40	275	Del Riego Sánchez, Juan	Vet.B Masc.	Corriendo Por Morcin	00:33:31	02:59:44	04:13:46	05:11:27	<b>08:07:41</b>	00:10:50 min/Km
41	290	Gallardo Gonzalez, Juan	Senior Masc.		00:28:44	02:53:40	04:01:10	04:58:43	<b>08:09:44</b>	00:10:52 min/Km
42	311	Alvarez Miron, Leandro	Vet.A Masc.		00:34:11	02:50:24	04:00:35	04:54:53	<b>08:10:27</b>	00:10:53 min/Km
43	294	Sánchez Jiménez, Andrés Román	Vet.B Masc.		00:34:08	02:52:03	04:00:44	04:54:58	<b>08:16:30</b>	00:11:02 min/Km
44	307	Ortiz Ruiz, Belinda	Vet.A Fem.	Fedamon	00:33:17	03:13:58	04:29:11	05:23:39	<b>08:17:32</b>	00:11:03 min/Km
45	216	Ortega Izquierdo, Elsa	Vet.B Fem.	Chanwas	00:29:04	03:01:15	04:17:23	05:19:33	<b>08:25:34</b>	00:11:14 min/Km
46	213	Fernandez Garcia, Tomas	Vet.A Masc.	Chanwas	00:29:01	03:03:22	04:17:16	05:19:37	<b>08:25:35</b>	00:11:14 min/Km
47	212	Rodriguez Garcia, Alejandro	Senior Masc.	Langreo Trail Team	00:33:13	02:53:44	04:11:00	05:11:05	<b>08:29:25</b>	00:11:19 min/Km
48	310	Sáez García-Camacho, Marisol	Vet.A Fem.	Adpegaso	00:34:33	03:09:07	04:29:13	05:23:44	<b>08:29:37</b>	00:11:19 min/Km
49	203	Falcón Canal, Rubén	Senior Masc.		00:29:38	02:51:45	04:15:32	05:13:48	<b>08:34:22</b>	00:11:25 min/Km
50	270	Rionda Benito, Raúl	Vet.A Masc.	Esportate-Bikila	00:29:09	02:58:40	04:15:29	05:15:54	<b>08:35:34</b>	00:11:27 min/Km
51	248	Bailón Cuadrado, Cristina	Senior Fem.		00:29:59	02:56:17	04:07:53	05:06:15	<b>08:35:57</b>	00:11:27 min/Km
52	247	Celestino Iglesias, Pablo	Senior Masc.		00:29:57	02:56:14	04:08:07	05:06:17	<b>08:35:57</b>	00:11:27 min/Km
53	257	Baquero García, Luis Gonzalo	Vet.B Masc.	G.M.Fariñentu	00:38:08	03:25:12	04:31:45	05:34:31	<b>08:36:38</b>	00:11:28 min/Km
54	251	González Fernández, Rubén	Vet.A Masc.	Asgaya Team	00:34:26	03:03:03	04:15:45	05:14:49	<b>08:38:16</b>	00:11:31 min/Km
55	274	García Dorado, Jorge	Vet.B Masc.	Asgaya Team	00:34:30	03:03:17	04:15:48	05:14:53	<b>08:38:16</b>	00:11:31 min/Km
56	302	Reguero, Nacho	Senior Masc.		00:34:18	03:03:28	04:15:35	05:11:50	<b>08:39:30</b>	00:11:32 min/Km
57	241	Perez Delgado, Adrian	Senior Masc.		00:38:21	03:03:34	04:17:49	05:17:12	<b>08:40:35</b>	00:11:34 min/Km
58	299	Martínez Iglesias, Fco. Javier	Senior Masc.	Mountain Comedy	00:38:23	03:03:53	04:17:47	05:17:16	<b>08:40:35</b>	00:11:34 min/Km
59	244	Ruiz Romero, Pablo	Senior Masc.		00:38:18	03:03:40	04:17:52	05:17:25	<b>08:40:35</b>	00:11:34 min/Km
60	260	Porras Fernandez, Juan Jose	Vet.A Masc.	D-Ruta	00:29:00	03:00:55	04:17:20	05:21:35	<b>08:48:32</b>	00:11:44 min/Km
61	285	Piñera Gutierrez, Elena	Vet.A Fem.		00:38:44	03:26:03	04:39:25	05:37:54	<b>08:48:48</b>	00:11:45 min/Km
62	273	Gonzalez Mesa, Ander	Senior Masc.	Club Alpino Gallarreta	00:38:39	03:25:30	04:33:14	05:49:48	<b>08:49:22</b>	00:11:45 min/Km
63	223	Cuadrado, Xavier	Senior Masc.		00:30:16	02:48:00	03:57:28	04:55:37	<b>08:51:22</b>	00:11:48 min/Km
64	252	Fernández Martinez, Juan Carlos	Vet.B Masc.	G.M.Ensidesa Gijon	00:37:23	03:10:15	04:29:36	05:29:05	<b>08:55:42</b>	00:11:54 min/Km
65	277	Alvarez Cao, Fredo	Vet.A Masc.		00:37:12	03:25:35	04:34:50	05:36:45	<b>09:00:31</b>	00:12:00 min/Km
66	292	Gomez Garcia, Inocencio	Vet.B Masc.	Atletismo Bejarano	00:28:47	02:54:55	04:10:37	05:20:11	<b>09:05:10</b>	00:12:06 min/Km
67	295	Rodríguez Suárez, Mariane	Vet.A Fem.	Esportate-Bikila	00:37:21	03:26:07	04:42:44	05:43:10	<b>09:05:15</b>	00:12:07 min/Km
68	269	Bueno Fernandez, Dario	Vet.A Masc.	A.D. Sin Fronteras	00:33:41	03:25:39	04:42:41	05:43:06	<b>09:05:16</b>	00:12:07 min/Km
69	246	Roza Cascallana, Efren	Vet.A Masc.	Raposu Feroz Trail	00:29:11	03:06:25	04:34:16	05:31:44	<b>09:05:25</b>	00:12:07 min/Km
70	207	Reyes Martínez, Jesús	Vet.A Masc.	Team Trail Lena	00:33:24	03:15:03	04:39:23	05:36:41	<b>09:09:18</b>	00:12:12 min/Km
71	259	Maíz Pérez, Javier	Senior Masc.	Picos Xtreme	00:32:52	03:06:29	04:24:55	05:23:24	<b>09:10:16</b>	00:12:13 min/Km

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
72	266	Fernández Cuesta, Verónica	Senior Fem.	Club Montaña Oxígeno	00:29:42	03:15:13	04:31:26	05:34:26	<b>09:10:57</b>	00:12:14 min/Km
73	265	Urdangaray Rodríguez, Ignacio	Vet.A Masc.	Club Montaña Oxígeno	00:38:29	03:13:46	04:29:34	05:33:40	<b>09:10:57</b>	00:12:14 min/Km
74	287	Pérez Blanco, Alicia	Vet.B Fem.	La Pedriza Del Manzanares	00:38:25	03:25:15	04:31:19	05:33:33	<b>09:16:21</b>	00:12:21 min/Km
75	240	Neira Navarro, Alexis	Senior Masc.		00:33:45	03:08:57	04:32:56	05:41:13	<b>09:17:30</b>	00:12:23 min/Km
76	282	Vega, Dani	Senior Masc.	G.M.Fariñentu	00:37:30	03:13:51	04:39:14	05:35:34	<b>09:20:48</b>	00:12:27 min/Km
77	296	Ribote Garcia, Sergio	Senior Masc.	Grupo De Montaña Picos Valladolid	00:30:20	02:57:51	04:14:10	05:21:44	<b>09:24:15</b>	00:12:32 min/Km
78	219	Pacheco Felpeto, Sebastián	Senior Masc.	Club Montependarubia Running Lugo	00:37:43	03:07:10	04:34:56	05:48:07	<b>09:24:59</b>	00:12:33 min/Km
79	293	Castro Fraga, Felipe	Senior Masc.	Club Montependarubia	00:33:49	03:07:16	04:32:06	05:47:28	<b>09:24:59</b>	00:12:33 min/Km
80	220	Nigorra Caro, Fco. Javier	Senior Masc.	Monte Penarubia		03:07:22	04:33:12	05:47:24	<b>09:25:00</b>	00:12:33 min/Km
81	227	Vazquez Vazquez, Victor	Senior Masc.	Club Montependarubia Running Lugo	00:37:48		04:39:12	05:47:32	<b>09:25:01</b>	00:12:33 min/Km
82	226	Alvarez Menendez, Ruben	Vet.A Masc.	Avientu Solorunners	00:30:13	03:25:45	04:49:01	05:56:06	<b>09:41:03</b>	00:12:54 min/Km
83	298	Martín Antón, Alvaro	Vet.A Masc.	C.A. Balmori	00:33:53	03:09:01	04:33:09	05:41:25	<b>09:41:08</b>	00:12:54 min/Km
84	301	Fidalgo Iglesias, Fredo	Vet.A Masc.	Valle De Turon Trail Running	00:38:05	03:29:05	04:53:08	05:55:55	<b>09:41:26</b>	00:12:55 min/Km
85	235	Luna, Lucía	Vet.A Fem.	Liquen	00:37:16	03:14:10	04:49:09	05:56:14	<b>09:41:26</b>	00:12:55 min/Km
86	224	Alvarez Fernandez, Isaias	Vet.B Masc.						<b>10:03:27</b>	00:13:24 min/Km
87	215	Coalla Cueto, Luis Antonio	Vet.A Masc.	Cumbre Llangreu	00:33:38	03:26:16	05:08:49	06:15:59	<b>10:21:32</b>	00:13:48 min/Km
88	238	Tubio Pichel, Ignacio	Vet.A Masc.	Raposos Trail Team	00:33:00	03:25:50	04:50:22	05:58:16	<b>10:21:34</b>	00:13:48 min/Km
89	242	Suárez Orviz, Miguel	Vet.A Masc.	Raposos Trail Team	00:34:24	03:25:54	04:50:24	05:59:38	<b>10:21:36</b>	00:13:48 min/Km
90	272	Muñiz Tuñon, Beatriz	Vet.A Fem.		00:38:53	04:03:39	05:36:24	06:49:33	<b>10:28:43</b>	00:13:58 min/Km
91	271	Carballo Flandres, Isidro Jose	Vet.B Masc.		00:38:51	04:03:35	05:36:28	06:49:35	<b>10:28:45</b>	00:13:58 min/Km

### CATEGORIA LOCAL FEMENINA

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	315	Llaneza Abello, Mariano	Vet.A Masc.		00:17:53	02:02:57	02:49:30	03:23:08	<b>05:13:21</b>	00:06:57 min/Km
2	312	Aza Álvarez, Antonio	Vet.B Masc.	Llena Penaska	00:21:18	02:21:47	03:15:16	03:57:48	<b>06:13:29</b>	00:08:17 min/Km
3	313	López Castañón, Fran	Senior Masc.	G.M. Fariñentu	00:37:52		04:08:16	04:57:07	<b>07:25:34</b>	00:09:54 min/Km
4	233	García Garcia, David	Senior Masc.		00:28:42	02:35:42	03:44:44	04:40:24	<b>07:28:59</b>	00:09:58 min/Km
5	232	García Ordóñez, Antonio	Vet.A Masc.		00:33:21	03:03:56	04:11:03	05:03:16	<b>08:02:35</b>	00:10:43 min/Km
6	241	Perez Delgado, Adrian	Senior Masc.		00:38:21	03:03:34	04:17:49	05:17:12	<b>08:40:35</b>	00:11:34 min/Km
7	277	Alvarez Cao, Fredo	Vet.A Masc.		00:37:12	03:25:35	04:34:50	05:36:45	<b>09:00:31</b>	00:12:00 min/Km
8	207	Reyes Martínez, Jesús	Vet.A Masc.	Team Trail Lena	00:33:24	03:15:03	04:39:23	05:36:41	<b>09:09:18</b>	00:12:12 min/Km
9	282	Vega, Dani	Senior Masc.	G.M.Fariñentu	00:37:30	03:13:51	04:39:14	05:35:34	<b>09:20:48</b>	00:12:27 min/Km
1	235	Luna, Lucía	Vet.A Fem.	Liquen	00:37:16	03:14:10	04:49:09	05:56:14	<b>09:41:26</b>	00:12:55 min/Km
2	272	Muñiz Tuñon, Beatriz	Vet.A Fem.		00:38:53	04:03:39	05:36:24	06:49:33	<b>10:28:43</b>	00:13:58 min/Km
12	271	Carballo Flandres, Isidro Jose	Vet.B Masc.		00:38:51	04:03:35	05:36:28	06:49:35	<b>10:28:45</b>	00:13:58 min/Km

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
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**CATEGORIA LOCAL MASCULINA**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	315	Llaneza Abello, Mariano	Vet.A Masc.		00:17:53	02:02:57	02:49:30	03:23:08	<b>05:13:21</b>	00:06:57 min/Km
2	312	Aza Álvarez, Antonio	Vet.B Masc.	Llena Penaska	00:21:18	02:21:47	03:15:16	03:57:48	<b>06:13:29</b>	00:08:17 min/Km
3	313	López Castañón, Fran	Senior Masc.	G.M. Fariñentu	00:37:52		04:08:16	04:57:07	<b>07:25:34</b>	00:09:54 min/Km
4	233	García García, David	Senior Masc.		00:28:42	02:35:42	03:44:44	04:40:24	<b>07:28:59</b>	00:09:58 min/Km
5	232	García Ordóñez, Antonio	Vet.A Masc.		00:33:21	03:03:56	04:11:03	05:03:16	<b>08:02:35</b>	00:10:43 min/Km
6	241	Perez Delgado, Adrian	Senior Masc.		00:38:21	03:03:34	04:17:49	05:17:12	<b>08:40:35</b>	00:11:34 min/Km
7	277	Alvarez Cao, Fredo	Vet.A Masc.		00:37:12	03:25:35	04:34:50	05:36:45	<b>09:00:31</b>	00:12:00 min/Km
8	207	Reyes Martínez, Jesús	Vet.A Masc.	Team Trail Lena	00:33:24	03:15:03	04:39:23	05:36:41	<b>09:09:18</b>	00:12:12 min/Km
9	282	Vega, Dani	Senior Masc.	G.M.Fariñentu	00:37:30	03:13:51	04:39:14	05:35:34	<b>09:20:48</b>	00:12:27 min/Km
10	235	Luna, Lucía	Vet.A Fem.	Liquen	00:37:16	03:14:10	04:49:09	05:56:14	<b>09:41:26</b>	00:12:55 min/Km
11	272	Muñiz Tuñon, Beatriz	Vet.A Fem.		00:38:53	04:03:39	05:36:24	06:49:33	<b>10:28:43</b>	00:13:58 min/Km
10	271	Carballo Flandres, Isidro Jose	Vet.B Masc.		00:38:51	04:03:35	05:36:28	06:49:35	<b>10:28:45</b>	00:13:58 min/Km

**CATEGORIA Vet.B Fem.**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	216	Ortega Izquierdo, Elsa	Vet.B Fem.	Chanwas	00:29:04	03:01:15	04:17:23	05:19:33	<b>08:25:34</b>	00:11:14 min/Km
2	287	Pérez Blanco, Alicia	Vet.B Fem.	La Pedriza Del Manzanares	00:38:25	03:25:15	04:31:19	05:33:33	<b>09:16:21</b>	00:12:21 min/Km

**CATEGORIA Vet.B Masc.**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	312	Aza Álvarez, Antonio	Vet.B Masc.	Llena Penaska	00:21:18	02:21:47	03:15:16	03:57:48	<b>06:13:29</b>	00:08:17 min/Km
2	291	García Fernández, Felix Jose	Vet.B Masc.	Corriendo Por Morcin	00:22:39	02:41:41	03:46:50	04:36:51	<b>07:20:55</b>	00:09:47 min/Km
3	275	Del Riego Sánchez, Juan	Vet.B Masc.	Corriendo Por Morcin	00:33:31	02:59:44	04:13:46	05:11:27	<b>08:07:41</b>	00:10:50 min/Km
4	294	Sánchez Jiménez, Andrés Román	Vet.B Masc.		00:34:08	02:52:03	04:00:44	04:54:58	<b>08:16:30</b>	00:11:02 min/Km
5	257	Baquero García, Luis Gonzalo	Vet.B Masc.	G.M.Fariñentu	00:38:08	03:25:12	04:31:45	05:34:31	<b>08:36:38</b>	00:11:28 min/Km
6	274	García Dorado, Jorge	Vet.B Masc.	Asgaya Team	00:34:30	03:03:17	04:15:48	05:14:53	<b>08:38:16</b>	00:11:31 min/Km
7	252	Fernández Martínez, Juan Carlos	Vet.B Masc.	G.M.Ensidesa Gijon	00:37:23	03:10:15	04:29:36	05:29:05	<b>08:55:42</b>	00:11:54 min/Km
8	292	Gomez García, Inocencio	Vet.B Masc.	Atletismo Bejarano	00:28:47	02:54:55	04:10:37	05:20:11	<b>09:05:10</b>	00:12:06 min/Km
9	224	Alvarez Fernandez, Isaias	Vet.B Masc.						<b>10:03:27</b>	00:13:24 min/Km
10	271	Carballo Flandres, Isidro Jose	Vet.B Masc.		00:38:51	04:03:35	05:36:28	06:49:35	<b>10:28:45</b>	00:13:58 min/Km

**CATEGORIA Vet.A Fem.**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	289	Revuelta Peña, Natividad	Vet.A Fem.	Nojasemueve	00:22:28	02:35:51	03:36:27	04:21:20	<b>06:54:12</b>	00:09:12 min/Km



Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
2	307	Ortiz Ruiz, Belinda	Vet.A Fem.	Fedamon	00:33:17	03:13:58	04:29:11	05:23:39	<b>08:17:32</b>	00:11:03 min/Km
3	310	Sáez García-Camacho, Marisol	Vet.A Fem.	Adpegaso	00:34:33	03:09:07	04:29:13	05:23:44	<b>08:29:37</b>	00:11:19 min/Km
4	285	Piñera Gutierrez, Elena	Vet.A Fem.		00:38:44	03:26:03	04:39:25	05:37:54	<b>08:48:48</b>	00:11:45 min/Km
5	295	Rodríguez Suárez, Mariane	Vet.A Fem.	Esportate-Bikila	00:37:21	03:26:07	04:42:44	05:43:10	<b>09:05:15</b>	00:12:07 min/Km
6	235	Luna, Lucía	Vet.A Fem.	Liquen	00:37:16	03:14:10	04:49:09	05:56:14	<b>09:41:26</b>	00:12:55 min/Km
7	272	Muñiz Tuñon, Beatriz	Vet.A Fem.		00:38:53	04:03:39	05:36:24	06:49:33	<b>10:28:43</b>	00:13:58 min/Km

**CATEGORIA Vet.A Masc.**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	315	Llaneza Abello, Mariano	Vet.A Masc.		00:17:53	02:02:57	02:49:30	03:23:08	<b>05:13:21</b>	00:06:57 min/Km
2	237	Pazo, Francisco	Vet.A Masc.	Running Way Trail	00:19:52	02:12:57	03:04:13	03:42:58	<b>05:44:49</b>	00:07:39 min/Km
3	243	Reguera Rico, Ruperto	Vet.A Masc.	Toscaf Recta Final Trail	00:22:04	02:16:18	03:09:26	03:49:57	<b>05:59:22</b>	00:07:59 min/Km
4	204	Rojas Morales, Manuel	Vet.A Masc.	Atletismo Montaña Atarfe	00:22:08	02:27:58	03:24:47	04:06:50	<b>06:25:47</b>	00:08:34 min/Km
5	236	Jabega Murado, Angel	Vet.A Masc.	Cumbre 14	00:21:15	02:27:52	03:24:43	04:06:45	<b>06:25:49</b>	00:08:34 min/Km
6	279	Rodríguez Corao, Francisco Javier	Vet.A Masc.	A.D. Sin Fronteras	00:22:43	02:36:19	03:42:28	04:31:06	<b>07:11:13</b>	00:09:34 min/Km
7	255	Fernández Schmitz, Miguel	Vet.A Masc.		00:32:55	02:41:22	03:42:23	04:30:22	<b>07:14:12</b>	00:09:38 min/Km
8	229	Cost Carrasco, José	Vet.A Masc.		00:22:45	02:42:34	03:47:27	04:36:36	<b>07:40:46</b>	00:10:14 min/Km
9	239	Garcia Junco, Marco Antonio	Vet.A Masc.	Raposos Trail Team	00:28:39	02:54:04	04:03:35	04:56:50	<b>07:41:34</b>	00:10:15 min/Km
10	253	Bustillo Tejedor, Francisco	Vet.A Masc.	Roadrunner Gijon	00:34:21	02:54:23	04:12:08	05:04:04	<b>07:57:33</b>	00:10:36 min/Km
11	232	García Ordóñez, Antonio	Vet.A Masc.		00:33:21	03:03:56	04:11:03	05:03:16	<b>08:02:35</b>	00:10:43 min/Km
12	221	Conmeaux Vega, Diego	Vet.A Masc.	Somos Ecoparque	00:33:04	03:01:08	04:13:49	05:11:52	<b>08:04:06</b>	00:10:45 min/Km
13	304	Marcos Alvarez, Javier	Vet.A Masc.	Valle De Turon Trail Running	00:33:36	02:56:24	04:11:35	05:10:53	<b>08:07:31</b>	00:10:50 min/Km
14	311	Alvarez Miron, Leandro	Vet.A Masc.		00:34:11	02:50:24	04:00:35	04:54:53	<b>08:10:27</b>	00:10:53 min/Km
15	213	Fernandez Garcia, Tomas	Vet.A Masc.	Chanwas	00:29:01	03:03:22	04:17:16	05:19:37	<b>08:25:35</b>	00:11:14 min/Km
16	270	Rionda Benito, Raúl	Vet.A Masc.	Esportate-Bikila	00:29:09	02:58:40	04:15:29	05:15:54	<b>08:35:34</b>	00:11:27 min/Km
17	251	González Fernández, Rubén	Vet.A Masc.	Asgaya Team	00:34:26	03:03:03	04:15:45	05:14:49	<b>08:38:16</b>	00:11:31 min/Km
18	260	Porras Fernandez, Juan Jose	Vet.A Masc.	D-Ruta	00:29:00	03:00:55	04:17:20	05:21:35	<b>08:48:32</b>	00:11:44 min/Km
19	277	Alvarez Cao, Fredo	Vet.A Masc.		00:37:12	03:25:35	04:34:50	05:36:45	<b>09:00:31</b>	00:12:00 min/Km
20	269	Bueno Fernandez, Dario	Vet.A Masc.	A.D. Sin Fronteras	00:33:41	03:25:39	04:42:41	05:43:06	<b>09:05:16</b>	00:12:07 min/Km
21	246	Roza Cascallana, Efren	Vet.A Masc.	Raposu Feroz Trail	00:29:11	03:06:25	04:34:16	05:31:44	<b>09:05:25</b>	00:12:07 min/Km
22	207	Reyes Martínez, Jesús	Vet.A Masc.	Team Trail Lena	00:33:24	03:15:03	04:39:23	05:36:41	<b>09:09:18</b>	00:12:12 min/Km
23	265	Urdangaray Rodríguez, Ignacio	Vet.A Masc.	Club Montaña Oxígeno	00:38:29	03:13:46	04:29:34	05:33:40	<b>09:10:57</b>	00:12:14 min/Km
24	226	Alvarez Menendez, Ruben	Vet.A Masc.	Avientu Solorunners	00:30:13	03:25:45	04:49:01	05:56:06	<b>09:41:03</b>	00:12:54 min/Km
25	298	Martín Antón, Alvaro	Vet.A Masc.	C.A. Balmori	00:33:53	03:09:01	04:33:09	05:41:25	<b>09:41:08</b>	00:12:54 min/Km
26	301	Fidalgo Iglesias, Fredo	Vet.A Masc.	Valle De Turon Trail Running	00:38:05	03:29:05	04:53:08	05:55:55	<b>09:41:26</b>	00:12:55 min/Km
27	215	Coalla Cueto, Luis Antonio	Vet.A Masc.	Cumbre Llangreu	00:33:38	03:26:16	05:08:49	06:15:59	<b>10:21:32</b>	00:13:48 min/Km

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
28	238	Tubio Pichel, Ignacio	Vet.A Masc.	Raposos Trail Team	00:33:00	03:25:50	04:50:22	05:58:16	<b>10:21:34</b>	00:13:48 min/Km
29	242	Suárez Orviz, Miguel	Vet.A Masc.	Raposos Trail Team	00:34:24	03:25:54	04:50:24	05:59:38	<b>10:21:36</b>	00:13:48 min/Km

**CATEGORIA Senior Fem.**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	306	Cabello López, Eva Maria	Senior Fem.	C.D.E Fisiocastrosport Team	00:22:36	02:43:54	03:50:10	04:40:07	<b>07:21:45</b>	00:09:49 min/Km
2	202	Fernandez Garcia, Iris	Senior Fem.	G.M. La Patana	00:34:44	02:56:11	04:04:19	04:57:11	<b>07:43:57</b>	00:10:18 min/Km
3	248	Bailón Cuadrado, Cristina	Senior Fem.		00:29:59	02:56:17	04:07:53	05:06:15	<b>08:35:57</b>	00:11:27 min/Km
4	266	Fernández Cuesta, Verónica	Senior Fem.	Club Montaña Oxígeno	00:29:42	03:15:13	04:31:26	05:34:26	<b>09:10:57</b>	00:12:14 min/Km

**CATEGORIA Senior Masc.**

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
1	314	Barreiro Pérez, Iván	Senior Masc.	Armenteiraepunto	00:21:21	02:14:47	03:06:34	03:45:29	<b>05:49:01</b>	00:07:45 min/Km
2	206	Garcia Lopez, Jose Maria	Senior Masc.	C.C.E.La Foradada	00:22:18	02:18:03	03:11:57	03:51:01	<b>06:05:08</b>	00:08:06 min/Km
3	234	Ces Cristobo, Manuel	Senior Masc.	Tribu Trail	00:22:32	02:31:00	03:27:32	04:12:49	<b>06:25:46</b>	00:08:34 min/Km
4	286	Menendez Murias, Arturo	Senior Masc.		00:30:08	02:41:31	03:37:12	04:18:51	<b>06:33:45</b>	00:08:45 min/Km
5	218	García Rodríguez, Andres	Senior Masc.	Gr Summer Camp Pravia	00:22:11	02:22:04	03:23:47	04:08:38	<b>06:41:26</b>	00:08:55 min/Km
6	309	Garcia Alonso, Jose Enrique	Senior Masc.	Avientu Solorunners	00:17:56	02:05:08	02:54:33	03:33:12	<b>06:54:08</b>	00:09:12 min/Km
7	231	Duque Gonzalez, Fernando	Senior Masc.	Club Liébana	00:22:23	02:33:58	03:38:38	04:27:42	<b>06:59:19</b>	00:09:19 min/Km
8	305	Arechaga Rodríguez, Juan Manuel	Senior Masc.		00:22:15	02:34:15	03:34:09	04:19:46	<b>07:03:55</b>	00:09:25 min/Km
9	313	López Castañón, Fran	Senior Masc.	G.M. Fariñentu	00:37:52		04:08:16	04:57:07	<b>07:25:34</b>	00:09:54 min/Km
10	276	Fernández García, Borja	Senior Masc.	G.M.Ensidesa Gijon	00:31:03	02:43:30	03:46:06	04:38:16	<b>07:27:00</b>	00:09:56 min/Km
11	233	Garcia Garcia, David	Senior Masc.		00:28:42	02:35:42	03:44:44	04:40:24	<b>07:28:59</b>	00:09:58 min/Km
12	268	Blanco Pérez, Alvaro	Senior Masc.	Adn Astur		02:46:43	03:55:01	04:47:05	<b>07:29:11</b>	00:09:58 min/Km
13	217	Sierra González, Illán Aramu	Senior Masc.	Asgaya Team		02:49:50	03:58:34	04:50:31	<b>07:33:57</b>	00:10:05 min/Km
14	262	Gomez Rodriguez, Cesar	Senior Masc.	Pub Piorno	00:28:33	02:31:58	03:42:32	04:35:10	<b>07:40:00</b>	00:10:13 min/Km
15	300	Ibarlucea Garcia, Pelayo	Senior Masc.		00:33:07	02:48:14	04:00:19	04:54:50	<b>07:43:23</b>	00:10:17 min/Km
16	201	Agundo Rueda, Javier	Senior Masc.	G.M. La Patana	00:34:46	02:56:08	04:04:08	04:57:30	<b>07:43:57</b>	00:10:18 min/Km
17	308	Santacreu Ivars, Miguel	Senior Masc.	Renaul Ginestar Benissa	00:28:58	02:43:14	03:58:21	05:00:25	<b>07:53:44</b>	00:10:31 min/Km
18	288	Rancaño Fernández, José Luis	Senior Masc.	D-Ruta	00:33:09	02:53:51	04:03:37	05:01:27	<b>07:55:32</b>	00:10:34 min/Km
19	263	Menéndez Regueiro, Alberto	Senior Masc.	Avientu Solorunners	00:30:06	02:51:09	04:02:09	05:00:08	<b>08:05:52</b>	00:10:47 min/Km
20	267	Rodríguez Santod, Hugo	Senior Masc.	Avientu Solorunners	00:30:03	02:51:57	04:02:17	05:00:15	<b>08:05:52</b>	00:10:47 min/Km
21	209	Alcoceba Rodrigue, Berto Xuan	Senior Masc.	Gm Xuan De La Borrina	00:33:57	02:49:46	04:00:37	04:57:27	<b>08:06:49</b>	00:10:49 min/Km
22	290	Gallardo Gonzalez, Juan	Senior Masc.		00:28:44	02:53:40	04:01:10	04:58:43	<b>08:09:44</b>	00:10:52 min/Km
23	212	Rodriguez Garcia, Alejandro	Senior Masc.	Langreo Trail Team	00:33:13	02:53:44	04:11:00	05:11:05	<b>08:29:25</b>	00:11:19 min/Km
24	203	Falcón Canal, Rubén	Senior Masc.		00:29:38	02:51:45	04:15:32	05:13:48	<b>08:34:22</b>	00:11:25 min/Km

Pos	Dorsal	Nombre y Apellidos	Categoría	Club	Meicin	Teyeo	Xomezana	Zurea	Meta	Med
25	247	Celestino Iglesias, Pablo	Senior Masc.		00:29:57	02:56:14	04:08:07	05:06:17	<b>08:35:57</b>	00:11:27 min/Km
26	302	Reguero, Nacho	Senior Masc.		00:34:18	03:03:28	04:15:35	05:11:50	<b>08:39:30</b>	00:11:32 min/Km
27	241	Perez Delgado, Adrian	Senior Masc.		00:38:21	03:03:34	04:17:49	05:17:12	<b>08:40:35</b>	00:11:34 min/Km
28	299	Martínez Iglesias, Fco. Javier	Senior Masc.	Mountain Comedy	00:38:23	03:03:53	04:17:47	05:17:16	<b>08:40:35</b>	00:11:34 min/Km
29	244	Ruiz Romero, Pablo	Senior Masc.		00:38:18	03:03:40	04:17:52	05:17:25	<b>08:40:35</b>	00:11:34 min/Km
30	273	Gonzalez Mesa, Ander	Senior Masc.	Club Alpino Gallarreta	00:38:39	03:25:30	04:33:14	05:49:48	<b>08:49:22</b>	00:11:45 min/Km
31	223	Cuadrado, Xavier	Senior Masc.		00:30:16	02:48:00	03:57:28	04:55:37	<b>08:51:22</b>	00:11:48 min/Km
32	259	Maíz Pérez, Javier	Senior Masc.	Picos Xtreme	00:32:52	03:06:29	04:24:55	05:23:24	<b>09:10:16</b>	00:12:13 min/Km
33	240	Neira Navarro, Alexis	Senior Masc.		00:33:45	03:08:57	04:32:56	05:41:13	<b>09:17:30</b>	00:12:23 min/Km
34	282	Vega, Dani	Senior Masc.	G.M.Fariñentu	00:37:30	03:13:51	04:39:14	05:35:34	<b>09:20:48</b>	00:12:27 min/Km
35	296	Ribote Garcia, Sergio	Senior Masc.	Grupo De Montaña Picos Valladolid	00:30:20	02:57:51	04:14:10	05:21:44	<b>09:24:15</b>	00:12:32 min/Km
36	219	Pacheco Felpeto, Sebastián	Senior Masc.	Club Montepenaarubia Running Lugo	00:37:43	03:07:10	04:34:56	05:48:07	<b>09:24:59</b>	00:12:33 min/Km
37	293	Castro Fraga, Felipe	Senior Masc.	Club Montepenaarubia	00:33:49	03:07:16	04:32:06	05:47:28	<b>09:24:59</b>	00:12:33 min/Km
38	220	Nigorra Caro, Fco. Javier	Senior Masc.	Monte Penarubia		03:07:22	04:33:12	05:47:24	<b>09:25:00</b>	00:12:33 min/Km
39	227	Vazquez Vazquez, Victor	Senior Masc.	Club Montepenaarubia Running Lugo	00:37:48		04:39:12	05:47:32	<b>09:25:01</b>	00:12:33 min/Km